**TUTORIAL ONE – JAN / MAY 2023 –**

**PERSONAL DEVELOPMENT PLANNING**

1. **READING LIST (AVAILABLE IN IIT LIBRARY)**
2. How to succeed at University – an essential guide to Academic, Skills, Personal Development and Employment.

Bob Smale & Julie Fowlie. 2nd Edition.

Accn No. 8188

Class No. 371 SMA C – 1.

1. Skills for Personal Development & Employability

Stella Cottrell. 2nd edition. Palgrave Macmillan.

Accn. No. 7870

Class No. 658.3 COT C -2 2010

1. **VIDEOS (AVAILABLE ON YOUTUBE)**
2. [www.eatyourcareer.com](http://www.eatyourcareer.com)

“What is a Professional Development Plan” and “Do I need one?”

Video Training Session

1. [www.eatyourcareer.com](http://www.eatyourcareer.com)

Creating your Professional Development Plan. The 10 step process.

Video Training Session.

1. Personal Development Plan. <http://1stpersonaldevelopment.com/>
2. TheEducators.com Siamak Taslimi CEO Professional Development
3. Personal Development Plan – The Essentials of getting results. Leo from Actualized.org